

Autism and Auto Immune Disorders

Demystifying the Mystery

With Rhonda Spellman



Introducing Rhonda Spellman. . . . Speaker, Author, Coach, Autism Advocate

In 2003, Rhonda founded her first publishing business, **Bound By Faith Publishing**. Her first book, *When I Was a Little Boy, by Jesus*, was published just two months before she was told that her first son “fit into the Autistic Spectrum”. This EVVY award winning book, illustrated by children, first launched her mission to work with children.



She later changed her business name to **Artos Press Enterprises** to reflect her broader outreach. Artos: an acronym for family members is Greek for ‘unleavened blessed bread’.



Keynote Children’s Program Leader

Since 2004, Rhonda has taught over 7,000 children (most with special abilities) to write and illustrate a 16 page book she created. Giving children the tools to become experts is one of her top goals.

Watch the Write Story promotional video here:

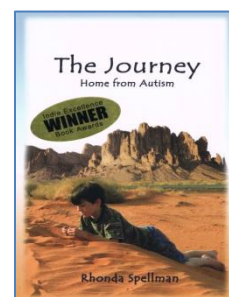
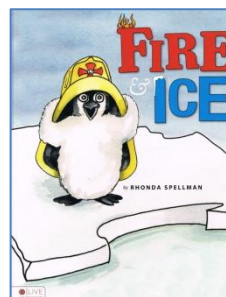
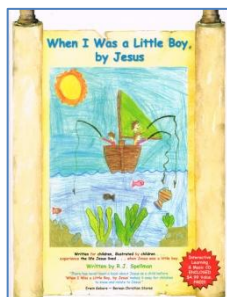
http://www.youtube.com/watch?v=q2fS_gF_ptY

Keynote Adult Program Leader

Since 2005, Rhonda has taught over 10,000 adults with autism programs that have won her numerous Who’s Who nominations. She has been featured on the Fox Morning Show, Positive News Now online TV, numerous radio programs and many more. Rhonda travels often; *Reaching, Teaching and Inspiring* others.



Award Winning Author

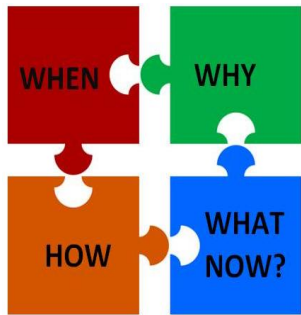


The Journey Home from Autism (released January 1, 2010), a 1st place INDIE and EVVY award winner, has been giving others the tools she found and created in order to understand and embrace people with forms of autism and other disabilities.

Primary Program:

Autism and Auto Immune Disorders: Demystifying the Mystery

- 2 hours + Q & A time.



- **What** is behind our health care decline and what we can do?
- **Why** have autism rates skyrocketed and what is behind this increase?
- **Autism Causes: THREE** culprits. **TWO** obvious choices. **ONE** logical answer.
- **Autism Solutions:** Learn how her son went from 100% modified to no longer qualifying for services – in 9 months!

Rhonda's son was diagnosed with Autism in 2003 after his digression that began in 2001. She went to 18 doctors searching for help before she began her intent research. Her pediatrician, an internationally acclaimed immunologist, embraced her research and assisted her. She now has over 10,000 logged hours of information to share with you! Learn why suppressed immune systems often do not respond to diets and/or drugs. Step-by-step, experience their journey and learn how their success could become your success, also!

In addition to Rhonda's primary program - *Autism and Auto Immune Disorders: Demystifying the Mystery*

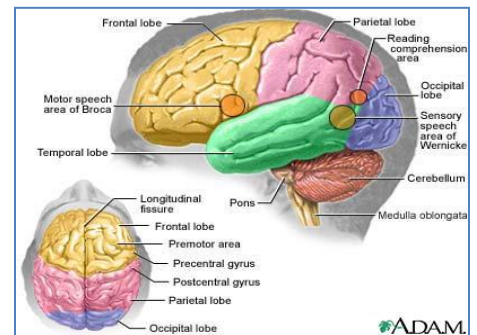
- each 2- day symposium INCLUDES two additional programs for adults that you can choose from below.

The Write Story can be added into day-one or day-two and requires an entire morning or afternoon. This program requires adult volunteers to assist children – 1 for every 20 – 30 (depending on children's needs).

Autism & the Gluten-Free/Casein-Free Diet: Is it all it's Cooked up to Be?

- 2 hours + Q & A time.

- Are you or is someone in your family gluten and/or casein intolerant?
- Signs to watch for that could indicate an allergy or intolerance.
- Understanding gluteomorphines, opiates, peptides and much more.
- What can cause neurological dysfunction?
- Converting everyday recipes – not as hard as you might think.



Gluten and / or Casein Intolerance signs to watch for...

- Excessive Drooling / Vomiting
- Bloating / Hard stomach
- Irritability / Nervousness
- Frequent Hiccups / Reflux Problems
- Chronic Constipation / Diarrhea
- Rigid Eating Patterns / Nausea
- Heartburn / Gas / Cramps
- Warm Red Ears / Headaches

Wheat  Turns into Gluten (Wheat protein)  Turns into Gluteomorphines (Wheat protein by-products)

The Color Autism

- 2 hours + Q & A time.



- What makes autism a disability? (It's probably **NOT** what you might think).
- The goal: Reaching, Teaching and Inspiring a person with a special ability.
- How can we change our way of thinking?

What Does Autism REALLY Look Like?

- - 2 hours + Q & A time.



- Delayed Speech (Dr. Temple Grandin, *The Way I See It*. Sees in pictures.
- Obsessive Interests (Daniel Tammet, *Born on a Blue Day*. Numbers have color.
- Repetitive Routines (Thomas Edison, *Inventor of light bulb*. Tried over 10,000 times before he got it 'right'.

Diagnosis Autism: Where Do We Go From Wherever We Are?

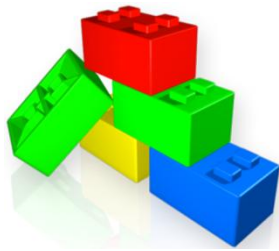
- - 2 hours + Q & A time.

- What do I do now?
- How can I discover *their* inspiration?
- When do I begin therapy (for me and / or for my child)?
- How do support, understand, nurture and empower my child with autism?



Teaching Kids Who See the World Through an Autistic Lens

- - 2 hours + Q & A time.



Let's play the LEGO® game and learn how to communicate with a non-verbal child. Responses from children with autism to consider:

- *I heard you the **first** time – please give me a moment. I'm doing the best I can.*
- *I might **react** to foods, smells, temperatures and/ or touches. **Try to be sensitive.***
- ***Rocking and spinning** helps me feel grounded. **Rock or spin with me.** It won't hurt.*
- *I **don't always** feel comfortable looking at your eyes. I **can't always** explain why.*

The Writs Story

- - 4 hour program often divided into two 2-hour sessions (generally on same day).

We begin with the 30 minute Penguin Particulars Assembly:

- Did you know? There are 17 unique species of penguins!
- Which penguin is most like *you*?

Next, we'll write our complete story (first ½ of program):

- As a group, we will then write our story together.
- *Every* child participates in the writing!

Next, we'll illustrate our story (second ½ of program):

- Each child illustrates their very own 16 page book!
- Each child takes home their book at the end of the program!

This 4 hour program includes (for each registered child):

- 16-page printed soft cover book that we create together.
- 8 ½ x 11 award (I am a published author and illustrator)
- 8 ½ x 11 hard cover autographed copy of Rhonda's first children's book, *When I Was a Little Boy, by Jesus*, illustrated by children ages 4 – 11. This EVVY award winner includes a CD-Rom of the complete book.



What People are saying about Rhonda Spellman:

"I am spellbound by Rhonda Spellman! Not meaning to sound cheesy, Rhonda is an amazing and inspiring woman who shares my passion for children with autism. Her brand new book, *The Journey Home from Autism* promises to bring much hope and inspiration for everyone! She's amazing." March 3, 2010

Karen Simmons, CEO, Founder, Autism Today, Alberta, Canada

"Rhonda is not only exceptionally talented with words, as demonstrated in her book *The Journey Home from Autism*, but also incredibly knowledgeable in the field of autism. Furthermore, Rhonda is a very kind, caring and amazingly gifted in the world of healing. The energy in Rhonda's presence is exhilarating and inspirational. There is nothing stopping Rhonda. She is a full-speed-ahead gal, who sees no limitations. When you are with her, she is all about you - not herself. I feel empowered around Rhonda with the same power that drives her!"

November 15, 2010

Susan Simmons, Autism and auto-immune expert, Non Executive Management, Seattle, WA

"Rhonda's energy and inspiring dedication to her work is setting a new standard for helping families and individuals who experience autism. Her revolutionary approach is profoundly valuable. Rhonda's new book, *The Journey, Home from Autism* is a must read for both parents and professionals." December 15, 2009

Katherine Carol, President, Colorado Independent Publishers Association, Denver, CO

"Rhonda is an enthusiastic genius. I have seen talks she has given. Her use of Power Point is the *best ever!* Fun, funny, informative. I highly recommend her work. She is a delight as a speaker. Grab her! She will enlighten and entertain." March 29, 2005

Anne Randolph, Founder, www.WriteYourLifeStory.org, Denver, CO

"Rhonda has spent hours researching autism and has presented these facts in her latest book, *The Journey, Home from Autism*. Rhonda is articulate in speaking, and I would recommend her and her book as a passionate advocate for anyone needing facts on this syndrome." December 21, 2009

David Luck, Owner, Flying Three Enterprises, Denver, CO

"Rhonda Spellman is a mother, wife, friend, business woman, author, mentor, professional speaker, activist and well rounded good person. While so many in today's world are well intended, Rhonda steps up to the plate every day and swings for the fences. A strong voice for our less advantaged children, Rhonda is doing amazing work on their behalf. She is a creative problem solver who clearly sees the big picture and is willing to do what it takes to get the job done. In short, Rhonda takes the seemingly impossible and makes it possible. Simply put, she is a gifted collaborator with a tremendous capacity to give that can only be described as extraordinary." March 3, 2010

Bruce Fowler, Executive Producer, New Shepherd Films LLC, Richmond, VA

"Rhonda is an amazing individual who has chosen to find a path for her son, who was diagnosed on the Autistic Spectrum, which led to his successful return to school and normal activities. Rhonda's story, which she has written and is about to share in her book *The Journey, Home from Autism*, will cause you to cry and laugh and be amazed at the endurance and fortitude of this dynamic lady. I whole heartedly recommend Rhonda as an individual in this world from whom we can all learn to take control of our own lives. Thank you, Rhonda, for being who you are." December 11, 2009

Barbe J. Ratcliffe, Owner, Be Unlimited, LLC, Denver, CO

What People are saying about Rhonda Spellman, continued...

"Rhonda is a fantastic author and speaker. Her talent is reflected in the many books she has written, including her latest book, hot off the presses, entitled *The Journey, Home from Autism*. She possesses a comprehensive wealth of knowledge regarding issues affecting children and she is a pleasure to work with! I highly recommend her!" December 11, 2009

Lisa Voncino, Business Owner, Sundance Consulting Solutions, Denver, CO

"Rhonda is a dedicated mother and educator. She took the time to learn everything she could about Autism in order to understand the needs of her son and to be more pro-active with the doctors in his care. She has searched out many opportunities to educate parents, families and even professionals to better understand Autism from the inside out. It has been a pleasure to learn from Rhonda and to see her successes grow while she continues to support and encourage her son." December 11, 2009

Deb Parker, Executive Assistant to the Library Director, City of Englewood, CO

"Amazing job Rhonda! It was wonderful and amazing to watch you teach over 200 children to work and write together as a team! The children love you, we love you and we can't wait to have you back!"

Rebecca Walls, Director, Texas Panhandle Library Association, Hereford, TX

"Rhonda worked very hard in helping our students, teachers and parents to understand autism and diversity. Rhonda's knowledge and enthusiasm for a full day of activities was enlightening for everyone involved. One area that Rhonda excelled in was her flexibility and work ethic. It was a delight to work with Rhonda." December 11, 2009

Greg Fruhwirth, Principal, Wray Public School, Wray, CO

"Rhonda Spellman is an engaging storyteller who teaches readers about life through her characters with an energy that is exciting and motivating. She presents her stories in a fun and educational setting, encouraging young writers to become storytellers themselves!"

Regina Renaldi, Principal, Cherokee Trail Elementary, Parker, CO

"Rhonda's program on Asperger's Syndrome was quite informative and full of useful tools that can be used by any care-giver: from mothers to doctors. Her enthusiasm is contagious and her love for children is obvious also. I would recommend this program to anyone working with school children or to anyone wanting a greater understanding of Asperger's Syndrome."

Marilyn Lawrence, School RN, Dimmitt ISD, TX

I had the opportunity to see Rhonda present at Colorado Independent Publishers event in March, 2009. She was incredibly engaging and obviously passionate about her topic. Her message about empowering kids with and without autism was inspiring and motivational. Rhonda is a great example of how one woman can make change happen!

Wendy Mack, President T3 Consulting, Denver, CO

"Terrific Program! Every child really learned from this program! What a great way to teach children to love to read and write books!"

Zandi Rankin, Program Director, Canadian, TX



Clients:

American Family Bookstore, Children's programs, Amarillo, TX
Arapahoe County School District, Children's programs, Denver, CO
As We Grow Younger Talk Radio, Autism programs, Nationwide
Austin Community College, Autism program, Dr. Breeding's Human Development class, Austin, TX
Autism Society of Colorado, Autism programs, Denver, CO
Autism Speaks, Autism Programs, Denver, CO
Berean Christian Bookstore, Children's programs, Littleton, CO
Borger Library, Children's programs, Borger, TX
Canyon Library, Children's programs, Canyon, TX
Canadian Library, Children's programs, Canadian, TX
Cherry Creek Business Women's Network, Autism Programs, Denver, CO
Children's Hospital, Children's programs, Denver, CO
Children's Hospital, Children's programs, Amarillo, TX
Clarendon Library, Children's programs, Clarendon, TX
Colorado Independent Publishers Association, Autism programs, Writing programs, Denver, CO
Crosswalk Christian Bookstore, Children's programs, Parker, CO
Dimmitt Book Club, Keynote, Autism Program, Dimmitt, TX
Dimmitt Library, Children's program, Autism Program, Dimmitt, TX
Down Home Ranch, Autism program, Elgin, TX
Dr. Kjar Chiropractic, Keynote, Autism Program, Austin, TX
Englewood Public Library, Children's programs, Autism Programs, CO
First Baptist Christian School, Children's programs, Hereford, TX
Food For Life, Cedar Park, Autism Programs, TX
Friends of the Library, Keynote, Children's Programs, Autism Programs, Dimmitt, TX
Friends of the Library, Keynote, Children's programs, Autism Programs, Hereford, TX
Friona Library, Keynote, Children's programs, Autism Programs, Friona TX
Hereford Library, Keynote, Children's programs, Autism Programs, Hereford, TX
HeadStart Convention, Children's programs, Autism Programs, Denver, CO
Ilumine Ao Radio Show, Autism Programs, Nationwide
Key Enrichment of Exceptional Minds, Children's programs, Autism Programs, Boulder, CO
Lemstone Christian Bookstore, Children's programs, Autism Programs, Parker, CO
Lindsey Villages, Keynoted 2-day Autism Symposium, Toronto, Canada
Los Angeles Hyperbaric Wellness Center, Autism Programs, Los Angeles, CA
Mardel Christian Bookstore, Children's programs, Autism Programs, Denver, CO
Nashville Max International Health Associates, Keynote, Autism Programs, Nashville, TN
National Center for Community Relations (NCCR), Autism Programs, Denver, CO
Old Quarry Library, Autism Programs, Austin, TX
Parker Christian Center, Children's programs, Autism Programs, Parker, CO
Parker Rotary Club, Children's programs, Autism Programs, Parker, CO
Colorado Douglas County School District, Children's programs, Autism Programs, Parker, CO
Positive News Now, Online TV, Autism Programs, Nationwide
Rethinking Everything Conference, Children's programs, Autism Programs, Dallas, TX
ROCK (Ride on Center for Kids), Children's programs, Autism Programs, Georgetown, TX
Ronald McDonald House, Autism Programs, Temple, TX
Star Center, Keynote, Strategies, Advocacies & Hope conference, Autism Program, Jackson, TN
Stomp Out The Silence of Autism and Disabilities, Autism Programs, Denver, CO
Stratford Library, Children's programs, Autism Programs, Stratford, TX
Summer Scholars, Children's programs, Denver, CO
Texas Panhandle Library Associates, Children's programs, Autism Programs, Hereford, TX
Wray County School District, Keynote, Children's programs, Autism Programs, Wray, CO
Wellington Library, Children's programs, Wellington, TX
Whispering Pond Medical Associates, Keynote, Jackson, TN

2 Day Symposium fees:

Per Person, 2 Days 100 Participants	\$79 (\$ 7,900)	Includes all expenses listed below. Includes 100 copies of The Journey Home from Autism.
Per Person, 2 Days 200 Participants	\$79 (\$15,800)	Includes all expenses listed below. Includes 200 copies of The Journey Home from Autism.
Per Couple, 2 Days 100 Couples	\$99 (\$ 9,900)	Includes all expenses listed below. Includes 100 copies of The Journey Home from Autism.
Per Couple, 2 Days 200 Couples	\$99 (\$19,800)	Includes all expenses listed below. Includes 200 copies of The Journey Home from Autism.
The Write Story 100 children	\$45 (\$ 4,500)	Includes all expenses listed below. Please see list on page 3 for all items included.
200 children	\$45 (\$ 9,000)	Includes all expenses listed below. Please see list on page 3 for all items included.
300 children	\$45 (\$13,500)	Includes all expenses listed below. Please see list on page 3 for all items included.

- PLEASE – ask how 10% of the entire 2-day symposium fees can be can given to YOUR group!

Covered Expenses:

- Flights / travel arrangements.
 - I prefer to make my own flight arrangements and travel Southwest Airlines whenever possible.
- Meals.
 - I am honored and happy to eat with you and have no food restrictions.
- Lodging.
 - Generally, I am happy to stay with a non-smoking host family or room at event center.
- Materials / printing for programs.
 - This includes all handouts, hardware and software needed for presentations.
- Books needed for all programs.
 - Adults and Children's books (children receive one hard cover book and one soft-cover book)
 - printing charges are all calculated at my actual cost.
- Shipping of books to location.
 - I usually ship books with my flight and have found this to be less expensive than with USPS.
- Expected tips and fees and unexpected expenses (additional printing, etc.)
 - In the event of a surprise expense I'll discuss this amount with you before making a decision.
 - Flights and programs out of the U.S. will need to be handled individually.

Thank you SO very much for your interest in being a part of Reaching, Teaching and Inspiring people with Special Abilities! Together, YOU and I CAN make a difference!

~ Rhonda Spellman